



Program Planning Guide

Esthetics Certificate (C55230)

Program Length: 1 or 2 semesters (Day students complete in one semester/Evening students 2 semesters)

Program Sites: Lee Main Campus, Day and Evening

Career Pathway Options: Certificate in Esthetics

Suggested Course Schedule		Class	Lab	Work	Credits	Notes:
1st Semester (fall)						
COS 119	Esthetics Concepts I	2	0	0	2	
COS 120	Esthetics Salon I	0	18	0	6	
	Total Semester Hours	2	18	0	8	
2nd Semester (spring)						
COS 125	Esthetics Concepts II	2	0	0	2	
COS 126	Esthetics Salon II	0	18	0	6	
	Total Semester Hours	2	18	0	8	
Total Semester Hours Required: 16						



Course Descriptions

COS 119 Esthetics Concepts I

This course covers the concepts of esthetics. Topics include orientation, anatomy, physiology, hygiene, sterilization, first aid, chemistry, basic dermatology, and professional ethics. Upon completion, students should be able to demonstrate an understanding of the concepts of esthetics and meet course requirements.

COS 120 Esthetics Salon I

This course covers the techniques of esthetics in a comprehensive experience in a simulated salon setting. Topics include client consultation, facials, body treatments, hair removal, make-up applications, and color analysis. Upon completion, students should be able to safely and competently demonstrate esthetic services on clients in a salon setting.

COS 125 Esthetics Concepts II

This course covers more comprehensive esthetics concepts. Topics include nutrition, business management, make-up, and color analysis. Upon completion, students should be able to demonstrate an understanding of the advanced esthetics concepts and meet course requirements.

COS 126 Esthetics Salon II

This course provides experience in a simulated esthetics setting. Topics include machine facials, aromatherapy, surface manipulation in relation to skin care, electricity, and apparatus. Upon completion, students should be able to demonstrate competence in program requirements and the areas covered on the Cosmetology Licensing Examination for Estheticians.